

TO: FDA Commissioner Jane E. Henney  
5600 Fishers Lane  
Rockville, MD 20857

9315 '99 OCT 13 A9:57

FROM: Judy Strauss  
272 Travis Avenue  
Staten Island, NY 10314

Dear Commissioner Henney:

The consumption of added sugar has jumped 25% since 1984, squeezing healthy foods out of the diet. As a member of the Center for Science in the Public Interest (CSPI), I urge the FDA to establish a "Daily Reference Value" for added sugar of 40 grams, and to require labels to disclose how much added sugar a food contains.

Sugar is as bad for human health as taking heroin or cocaine.

Thank you.

Sincerely,



Judy Strauss

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OCT 13 1999

CC: 11/15/99

99P-2630

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272 Travis Ave  
Staten Island NY 10314-6250



FDA Commissioner Jane E. Henney  
5600 Fishers Lane  
Rockville, MD 20857

